



Anil Neerukonda Institute of Technology & Sciences (Autonomous)

(Permanent Affiliation by Andhra University & Approved by AICTE
Accredited by NBA (ECE, EEE, CSE, IT, Mech. Civil & Chemical) & NAAC)

Sangivalasa-531 162, Bheemunipatnam Mandal, Visakhapatnam District

Phone: 08933-225083/84/87

Fax: 226395

Website: www.anits.edu.in

email: principal@anits.edu.in

DEPARTMENT OF INFORMATION TECHNOLOGY

Ref: ANITS/IT/2023-24/Office Letter/0017

Date: 23-01-2024

To
The Principal,
ANITS,
Sangivalasa.

Respected sir,

Subject: Life skills webinar for IIIrd Year Students

We the department of IT writing this letter to seek permission to conduct a Life Skills Webinar for the 3rd-year students. As we are all aware, the development of life skills is crucial for the overall growth and success of students, both academically and in their future careers. The speaker of the webinar Dr. Swaroop Jayanthi of Salesforce, Bangalore.

Event Details:

Title: Essential life skills

Date: 27.1.2024

Time: 3 PM onwards

Duration: 60 Mins

Platform: Online Platform, Zoom or Google Meet

Faculty Coordinator: Dr.P.Padmaja

Purpose and Topics Covered:


The aim of the webinar is to provide students with insights into the importance of life skills and equip them with practical knowledge to enhance their interpersonal, communication, and problem-solving skills. The session will cover the following key topics:

- Decision making skills
- Resilience and positive thinking
- Focus and self-control
- Communication

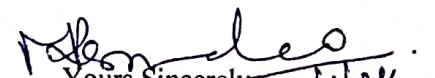
We kindly request your permission to proceed with the planning and execution of this webinar. We believe that this initiative aligns with the college's commitment to providing holistic education and preparing students for success beyond the classroom.

Thank you for considering our request. We look forward to your positive response.

Permitted


24/01/24




Yours Sincerely, 24/1/24

Prof.M. Rekha Sundari
HEAD OF THE DEPARTMENT
Department of Information Technology
Anil Neerukonda Institute of Technology
& Sciences (Autonomous)
Sangivalasa, Visakhapatnam-531 162



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Department Of Information Technology

Date: 25-01-2024

Circular


This is to inform all IIIrd year students that there will be an online webinar on Life-Skills on 27.1.24 in our department. So, I request students to make use of this opportunity. The meeting link will be shared to your college mail id's.

Event Details:

Title: Essential life skills
Date: 27.1.2024 Time: 3 PM
Duration: 60 Mins
Meeting link: <https://meet.google.com/hdx-pcvb-kam>
Speake Name: Dr. Swaroop Jayanti


Faculty coordinator

Dr. P. Padmaja


HOD, IT

Prof. M. Rekha Sundari
HEAD OF THE DEPARTMENT
Department of Information Technology
Anil Neerukonda Institute of Technology
& Sciences (Autonomous)
Sangivalasa, Visakhapatnam-531 162

Webinar on Life Skills: A Report on Successful Completion

Date: 27.1.2024

Executive Summary:

The department of IT has successfully conducted a webinar on soft skills, titled "Essential life skills". The event aimed to provide IIInd Year students with valuable insights and practical tips to enhance their life skills, ultimately contributing to their personal and professional development. The webinar featured expert speakers, interactive sessions, and engaging discussions, resulting in a highly successful and impactful event.

Event Overview:

Date and Time: 27.1.2024 & 3.00 PM onwards

Duration: 1 Hour

Platform: Google Meet

Agenda:

- Introduction
- Welcome Address
- Overview of Life Skills

Keynote Sessions:

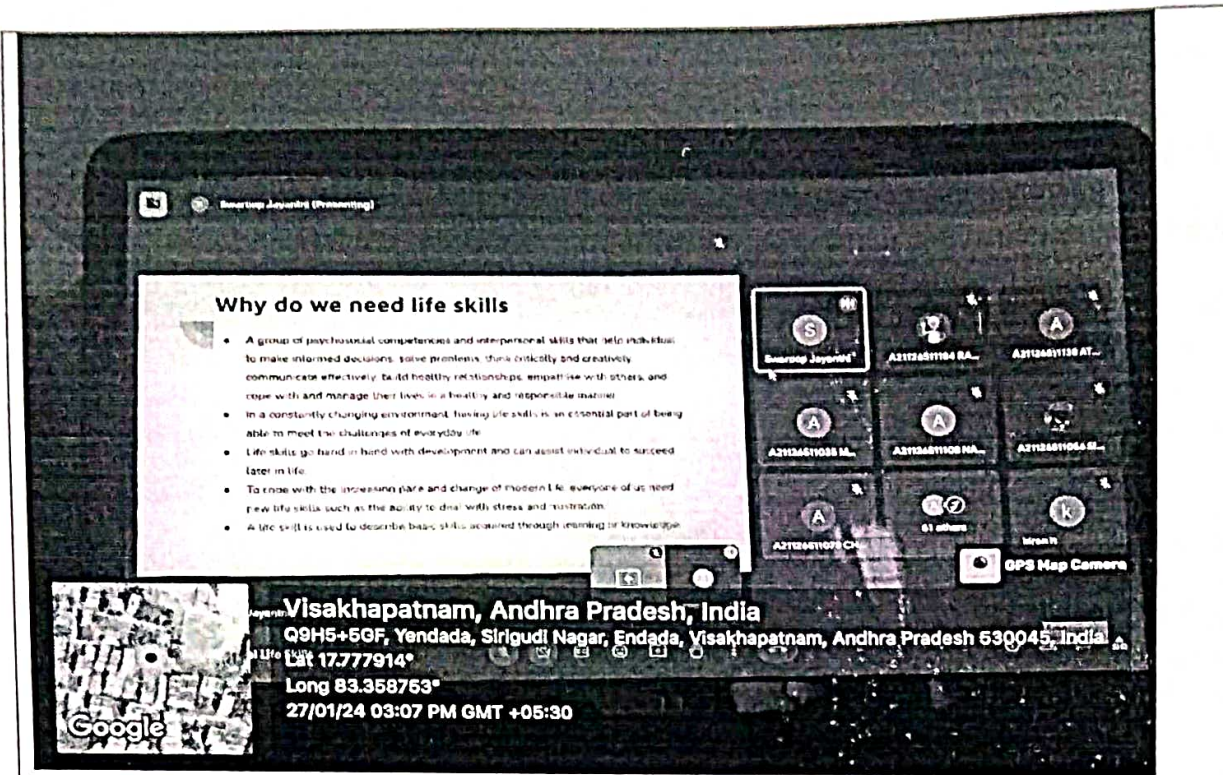
- The Role of life Skills in Career Advancement
- Resilience and positive thinking
- Focus and self-control
- Communication

Q&A Session: Participants had the opportunity to ask questions and seek advice from the speakers.

Thank you to all participants, speakers, and organizers for contributing to the success of this webinar.

Sincerely,

Dr.P.Padmaja
Professor
Coordinator



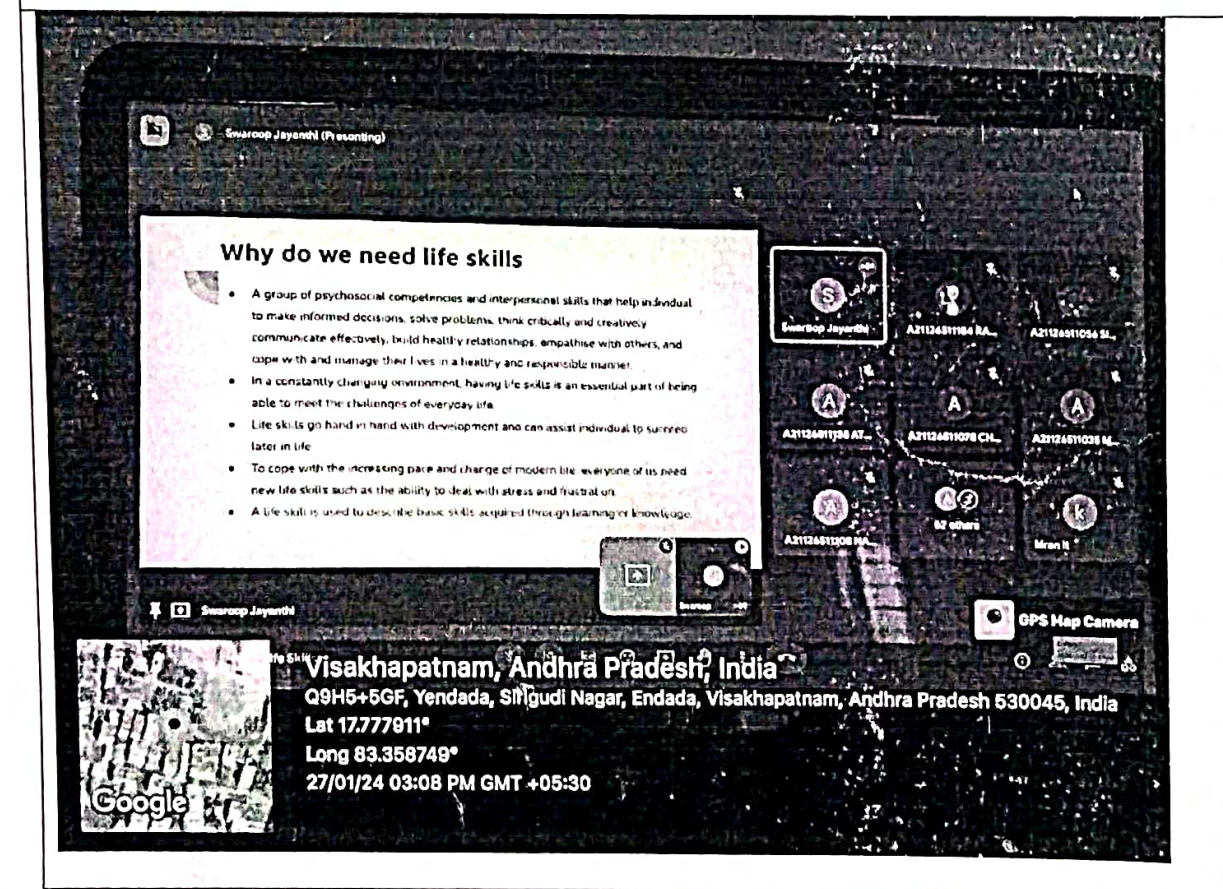
Why do we need life skills

- A group of psychosocial competencies and interpersonal skills that help individuals to make informed decisions, solve problems, think critically and creatively, communicate effectively, build healthy relationships, empathise with others, and cope with and manage their lives in a healthy and responsible manner.
- In a constantly changing environment, having life skills is an essential part of being able to meet the challenges of everyday life.
- Life skills go hand in hand with development and can assist individual to succeed later in life.
- To cope with the increasing pace and change of modern life, everyone of us need new life skills such as the ability to deal with stress and frustration.
- A life skill is used to describe basic skills acquired through learning or knowledge.

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GPS Map Camera

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Long 83.358763°
27/01/24 03:07 PM GMT +05:30



Why do we need life skills

- A group of psychosocial competencies and interpersonal skills that help individual to make informed decisions, solve problems, think critically and creatively, communicate effectively, build healthy relationships, empathise with others, and cope with and manage their lives in a healthy and responsible manner.
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GPS Map Camera

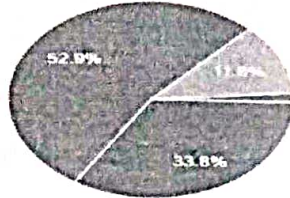
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FEEDBACK SUMMARY

Skill and responsiveness of the instructor [Instructor stimulated student interest]

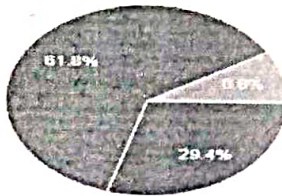
68 responses



- Excellent
- Good
- Fair
- Poor

Course content [Learning objectives were clear]

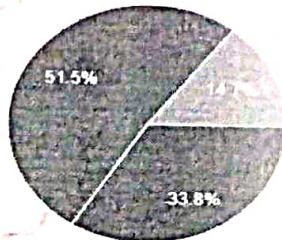
68 responses



- Excellent
- Good
- Fair
- Poor

Course content was organized and well planned

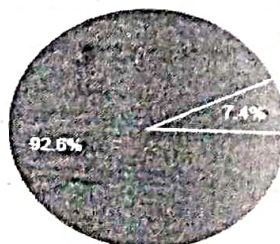
68 responses



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Do you need these kind of session in future

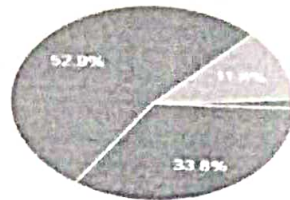
68 responses



- Yes
- NO

Skill and responsiveness of the instructor (Instructor stimulated student interest)

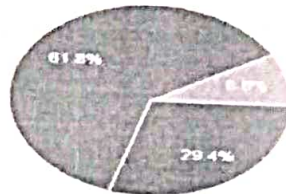
68 responses



- Excellent
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Course content (Learning objectives were clear)

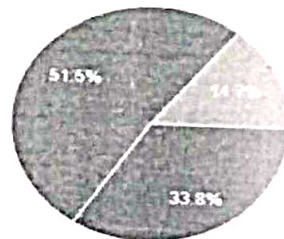
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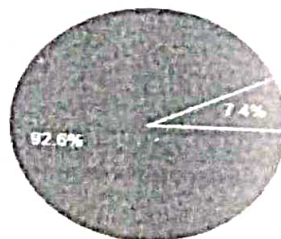
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Do you need these kind of session in future

68 responses



- Yes
- NO